# FELINE GRIMACE SCALE® FACT SHEET

Evangelista et al. Facial expressions of pain in cats: the development and validation of a Feline Grimace Scale. Sci Rep 9, 19128 (2019)

## WHY?

 Pain-induced behavioral changes are unique in cats and can be subtle

### WHO?

- The FGS can be used by:
  - Veterinarians
  - Veterinary nurses
  - Veterinary students
  - > Cat owners

# WHAT?

- The Feline Grimace Scale (FGS) is a valid and reliable tool used for acute pain assessment based on changes in facial expressions
- Quick and easy-to-use
- Differentiates painful and non-painful cats and response to analgesics

# WHEN?

- The FGS is used for acute pain assessment in cats with medical, surgical or oral pain, etc.
- Pain assessment should be performed in all cats as often as needed on a case-by-case basis

# HOW?

 $\nabla$ There are 5 action units (AU):

- Ear position
- Urbital tightening
- T uzzle tension
- Whiskers position
- Head position

#### ablaEach AU is scored:

- ➢ 0 (absent)
- > 1 (moderately present)
- ➢ 2 (present)
- The final score is the sum of all scores (maximum of 10)
- Analgesic treatment is suggested when the final score is ≥ 4/10 or 0.4/1.0

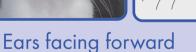
#### **O** = AU is absent

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Y





- Ears racing for we
   Even opened
- Eyes opened
- Muzzle relaxed (round shape)
- Whiskers loose and curvedHead above the shoulder line

### **1** = AU is moderately present<sup>\*</sup> **2** = AU is markedly present

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- Ears slightly pulled apart
- Eyes partially opened
- Muzzle mildly tense
- Whiskers slightly curved





- Ears flattened and rotated outwards
- Squinted eyes
- Muzzle tense (elliptical shape)
  Whiskers straight and moving forward

or straight

• Head aligned with the shoulder line

\*The score of 1 can be also given when there is uncertainty over the presence or absence of the AU  Head below the shoulder line or tilted down (chin towards the chest)

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> Feline Grimace Scale<sup>©</sup> Université de Montréal 2019

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Access the training manual bit.ly/FGSmanual



Access the video bit.ly/FGSvideo



Acknowledgement